



# Louisa-Muscatine Community Schools

*We Value, We Challenge, We Prepare Every Student Every Day*

Falcon Families-

We recognize during this time off of school you may wish to have resources to have your child continue in learning. We have compiled a list of websites, apps and educational resources that may be of help to you as you continue your child's education from home.

Each Grade Level or Course Name is a link in the document to suggested activities.

**Please know that these are NOT required, rather just resources for you to access.**

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## **Pre-School**

30 min. Daily Preschool carpet time lessons. Plus they posted supplemental work to go along with the book and songs they sang.

[https://www.facebook.com/PlayToLearnPS/?eid=ARDrglsgK1dxX2y59\\_U6Q8dq1v3HS9VBWesF5cJ6zzcVFWxl3WJQFx3\\_gnYxe-84XyWghWb2dMz0TIGX](https://www.facebook.com/PlayToLearnPS/?eid=ARDrglsgK1dxX2y59_U6Q8dq1v3HS9VBWesF5cJ6zzcVFWxl3WJQFx3_gnYxe-84XyWghWb2dMz0TIGX)

Haggerty Online: This is one of the Phonemic Awareness tools we use in each of our classrooms. The linked video explains it to parents, and then if you go on their website you can find videos for kids to watch

<https://www.youtube.com/watch?feature=youtu.be&v=IroKByqjBd0&app=desktop>

ABCmouse.com is currently free for parents. Redeem code AOFLUNICEF (or you could continue trying SCHOOL7771)

Lunch time Doodles with Mo Willems: <https://www.kennedy-center.org/education/mo-willems/>

Shark Story time each day: <https://www.facebook.com/atlanticwhiteshark/>

Cincinnati Zoo Live Streams: <https://www.facebook.com/cincinnatiatizoo>

Free Videos of Authors Reading Books:

<https://www.storylineonline.net/>

<https://www.instagram.com/petethecatofficial/> (1pm each day)

Youtube:

<https://www.youtube.com/user/CosmicKidsYoga> <- Kids can do Yoga while listening to a story. (Our Kids LOVE this!)

<https://www.youtube.com/user/JackHartmann> <- Songs to help teach almost anything!

## **Other Activities:**

Practice learning to tie your shoes.

### Scavenger hunt

- Something soft.
- Something blue
- An item that has a circle shape
- Something prickly
- Something shiny
- Something that has a handle
- Something with holes in it
- Something that makes a sound

- Something that smells funny
- Something that makes you smile! :)

### Building Challenge

Let's build something awesome today. You can build with blocks, legos, cups whatever you have in your house.

See if you can build

- A bridge, can you drive a car or walk someone across it?
- A tower as tall as you?
- Build a house?
- Build a car or something you can drive?

### Lets Balance

- <https://www.pinkoatmeal.com/bean-bag-balance-game/>

### Shape hunt

Pick a room in your house and see how many shapes you can find. Be creative while looking. Remember clocks are circles, maybe your table is a rectangle and your favorite book is a square. Count up the shapes you find, practice tallying and writing your numbers. What shape did you find the most of? The least? Were there any that were the same or you couldn't find?

### **Kindergarten**

[Lexia Core 5 Reading Program](#)

[Dreambox Math Program](#)

[www.starfall.com](http://www.starfall.com)

[www. Pbskids.com](http://www.Pbskids.com)

<https://mysteryscience.com/school-closure-planning>

<https://www.youtube.com/user/JackHartmann>

[www.bookitprogram.com](http://www.bookitprogram.com)

[www.iowaaea.org](http://www.iowaaea.org) user id:3841lmes password: mbaea9 Be sure to take a look at Book Flix and videos on Learn 360

[Www.letsfindout.com](http://Www.letsfindout.com) Password: kindbook5 This website has videos, educational games and more.

Scholastic

This free resource provides your children with 20\* days of exciting articles and stories, videos, and fun learning challenges. [www.scholastic.com/learnathome](http://www.scholastic.com/learnathome)

Other Activities:

Practice learning to tie your shoes.

Just for fun, exercise and activity go to: GoNoodle.com

Take the high frequency word list and practice writing sentences using those words. Keeping mind our writing expectations: Capitalize the Pronoun "I" , Use punctuation, and use finger spaces between words. My suggestion is to write 3 sentences a day to keep in practice!

Watch PBS kids for educational programming,ex.; Wild Kratts for animal science, Peg + Cat for reading, etc .

Play adding and subtracting games using dominoes, playing cards or dice. Reinforce greater than and less than, when deciding which number to start with when subtracting.

Have your child practice reading to self, using a timer and increasing minutes of independent reading times.

Read aloud to your child as well as listen to your child reading, daily.

After reading, ask your child to retell the story, ask them who are the main characters of the story and what was the setting of the story? ( where did the story take place?)

Have your child draw a picture of their favorite part of the story and write a sentence describing their picture.

Get some sun and fresh air by going for a daily walk, point out signs and other things they can read along the way!

Keep the home schooling FUN!

## **First Grade**

[Lexia Core 5 Reading Program](#)

[Dreambox Math Program](#)

<https://www.themeasuredmom.com/> click on first grade packet, great detailed descriptions of activity ideas, has some adds.

Scholastic

This free resource provides your children with 20\* days of exciting articles and stories, videos, and fun learning challenges. [www.scholastic.com/learnathome](http://www.scholastic.com/learnathome)

[www.starfall.com](http://www.starfall.com)

[www. Pbskids.com](http://www.Pbskids.com)

<https://time.com/tfk-free/> - free subscription to Time for Kids for the rest of the year.

Other Activities:

Practice learning to tie shoes

## **Second Grade**

### [Lexia Core 5 Reading Program](#)

You can download the app (it takes a lot of memory) or you can use it off of a web browser. Students know their username and password. If any troubles, contact your child's teacher.

### [Seesaw Online Learning Journal](#)

Contact your child's teacher to get their individual learning code to use at home.

### [SpellingCity](#) - Spelling & Language Arts

Students have their own account. They know their login, but if you have troubles, contact your child's teacher. They can work on past assignments or choose any games or word lists to work on. There are fun games that work on word patterns, grammar, spelling, punctuation, capitalization, and more!

### [PBS Kids](#)

### [National Geographic Kids - Science](#)

### [Dreambox Math Program](#)

### [Prodigy](#)

Fun math program all second graders are signed up for! Your child should know their login information. But, if they can't remember, contact your child's teacher.

### [Bookflix \(PK-3rd\)](#)

Online fiction and nonfiction ebooks including games over the books.

Username: 3841lmes

Password: mbaea9

### [Trueflix \(2nd - 6th\)](#)

Online nonfiction ebooks including games over the books. Social studies and science topics of all sorts are available.

Username: 3841lmes

Password: mbaea9

### [Mystery Doug - Science](#)

Sign up for a free account to access short, fun videos about topics that interest kids. Our 2nd graders LOVE Doug!

### [FunBrain](#) - Reading and Math

Play games while practicing math and reading!

[Storyline Online - Reading](#)

Children's stories read to kids by movie stars!

[Suessville](#) - Reading

Read and play games with Dr. Seuss characters.

[Typing Club](#)

Learn to type!

[Go Noodle](#)

Fun movement activities and games!

[Bedtime Math](#)

Engaging and interesting math activities students can do at home!

[Scholastic Learn At Home](#) - All subject areas

Day by day books, crafts, videos, and games for students to engage in.

[Mrs. Morrison's Blog](#)

Other Activities:

1. [Scavenger Hunt](#) (PDF of activity from Seesaw)
2. *Practice Tying Shoes*
  - [Video #1](#) (criss-cross around method)
  - [Video #2](#) (2 loop method)
3. [Make Playdough](#) (PDF of activity from Seesaw)
4. *Count Money* - Find some change around your house and practice adding it up.
  - [Money Song](#) (to help you remember the coins and their values)
5. *Tell Time* - Use an analog clock and practice telling the time a few times a day. When did you wake up? Eat breakfast? Have lunch? Read a book? Brush your teeth? Go to bed?
  - [Telling Time for Children](#)
  - [Hip Hop Around the Clock](#) (Quarter till/after; Half past)
6. *Flashcards* - Grab your deck of flashcards and practice.
7. *Math Fact War* - Grab a deck of playing cards. Split in half. Each player turns over 1 card. The player to add up the 2 cards correctly earns the cards. Aces are 1's, J/Q/K are 10's. The player with the most cards at the end wins the war!
8. *Journal* - Keep a journal either digitally on Seesaw or on paper. Find a time each day to write and/or draw about what you did that day, funny things that happened, & how you were feeling. This will be so much fun to look back on when we return back to school!

## Third Grade

[Lexia Core 5 Reading Program](#)

[Dreambox Math Program](#)

Time for Kids

Digital version of the Time For Kids magazine.

[Timeforkids.com](http://Timeforkids.com)

Scholastic

This free resource provides your children with 20\* days of exciting articles and stories, videos, and fun learning challenges. [www.scholastic.com/learnathome](http://www.scholastic.com/learnathome)

Go Noodle

Get everyone up and moving with these fun videos.

[www.gonoodle.com](http://www.gonoodle.com)

National Geographic for Kids

Games, videos, and more

<https://kids.nationalgeographic.com/>

Multiplication

Play multiplication games to practice the multiplication facts.

[www.multiplication.com](http://www.multiplication.com)

Legos 30 day Lego challenge

<https://theshirleyjourney.com/lego-play-free-printable-calendar/>

[code.org](http://code.org)

[mysteryscience.com](http://mysteryscience.com)

[Typing.com](http://Typing.com)

### **Other Activities:**

#### **Boredom Buster #1**

Do an indoor scavenger hunt!

Patricia Polacco reads [Rechenka's Eggs](#)

[https://www.youtube.com/watch?v=OImUP3GgDf0&fbclid=IwAR1H828U5cNIKydnmnRB0nLAQA--VBvKR8uVM8Hn76jPvOT\\_gXESi8vpwcv](https://www.youtube.com/watch?v=OImUP3GgDf0&fbclid=IwAR1H828U5cNIKydnmnRB0nLAQA--VBvKR8uVM8Hn76jPvOT_gXESi8vpwcv)

### **Boredom Buster #2**

Make a treasure map. Hide a small object somewhere inside (or outside) your house. Make a treasure map and have someone use it to locate your “treasure”. Remember X marks the spot! Send your teacher a picture of your treasure map.

### **Fourth Grade**

[Lexia Core 5 Reading Program](#)

[Dreambox Math Program](#)

[XtraMath - Fact Fluency Practice](#)

[Prodigy](#)

[SpellingCity](#)

[Code.org](#)

[Typing.com](#)

[Timeforkids.com](#)

[AEA Online Resources](#)

Username: 3841lmes

Password: mbaea9

[Miss Lockhart's Website](#) - Links to videos, live streams, and websites for all subjects

[Mrs. Duytschaver's Google Classroom](#)

<http://lackeyclassroom.blogspot.com/>

Other Activities:

### **Fifth Grade - Students may log in to Google classroom for list of sites and log-ins**

[Symbaloo website links](#)

[Lexia Core 5 Reading Program](#)

[Dreambox Math Program](#)

[Scholastic Learn at Home](#) (daily lessons available)

<https://play.prodigygame.com/>

[Code.org](#)

[Typing.com](#)

[Nitro Type](#)

[Khan Academy](#)

Other Activities:

### **Sixth Grade**



[Lexia Core 5 Reading Program](#)

[Dreambox Math Program](#)

[Xtra Math - Fact Fluency Practice](#)

[Prodigy - Math](#)

[6th Grade Google Classroom](#)

[Typing Practice](#)

[Time for Kids Non fiction Articles](#)

[StoryWorks/JR Scholastic Magazines](#) (Use code notebox7557 to access)

Other Activities:

Intervention

[Lexia Core 5 Reading Program](#)

[Dreambox Math Program](#)

[Starfall](#)

This website has many early reader stories available for free. Students can follow along as the story is read to them and can, in some instances, help create their own story. The website is highly engaging and a favorite of young readers.

[ABCya](#)

Educational games for grades PreK through 6 that will keep kids engaged and having fun.

[Dolch Sight Word Games](#)

This website has online games to help practice basic sight words. You can log in for free as a parent or student.

[Storyline Online](#)

This a children's reading which provides free storytelling videos

Just take some time to **READ** with your kids in various ways. Make it more exciting by reading with a flashlight, reading under a blanket fort, reading in a different voice, whisper read, take turns reading, read to a pet, record yourself reading and then listen to it later, call or Facetime a relative and read a book to them.....the possibilities are endless!

Other Activities:

## **Elementary Specials**

### **Music**

#### **Music Games/Theory/History/Listening Websites/Concerts/Stories**

<http://www.sphinxkids.org/>

<https://learningmusic.ableton.com/> - Creating music beats

[www.classicsforkids.com](http://www.classicsforkids.com) - Classics For Kids contains games, music lessons, and information on composers and classical music.

<https://pbskids.org/games/music/>

<https://musiclab.chromeexperiments.com/>

<https://www.musick8kids.com/>

[Alphabetical List of Instruments by Letter for Kids](#) - videos of instruments from around the world for each letter of the alphabet

House Of Sound

[What Is Sound?](#)

[Drums And Percussion](#)

[How Do String Instruments Make A Sound?](#)

[How Do Brass Instruments Make A Sound?](#)

[How Do Woodwind Instruments Make A Sound?](#)

### **Musical Read Alongs**

[The Remarkable Farkle McBride](#)

[Zin! Zin! Zin! A Violin](#)

[I Know A Shy Fellow Who Swallowed A Cello](#)

[Carnival Of The Animals](#)

[Marsupial Sue](#)

**Tiny Desk Concerts** - there are many, but these are a few of my favorites!

[Sesame Street: NPR Music Tiny Desk Concert](#)

[Blue Man Group: NPR Music Tiny Desk Concert](#)

[Joshua Bell and Jeremy Denk: NPR Music Tiny Desk Concert](#)

[Alessio Bax: NPR Music Tiny Desk Concert](#)

[Gaelynn Lea: NPR Music Tiny Desk Concert](#)

## **Recorder**

### **Recorder Songs**

If your student has a recorder at home, they can practice and play along with all of the songs from Recorder Karate. Fingerings for each note are shown in the videos.

## **Ukulele**

### **Ukulele Tuner**

### **How to hold the ukulele**

### **C chord intro/practice**

### **A minor chord practice**

### **C and A minor chord practice**

### **F chord practice**

### **G chord intro/practice**

### **My Dog Has Fleas - 2 chord song**

### **Ukulele Classroom**

**Ukulaliens** - Many great ukulele play alongs

### **Andy Ramos Popular Ukulele Play Alongs**

If you would like to purchase a recorder or ukulele, please feel free to ask for recommendations.

**Bucket Drumming** - Grab a 5 gallon bucket and some sticks or dowels!

**Bucket Drumming With Sammy Foster** - many of the rhythms and songs we have played in music class.

### **Performer-Based Websites**

<http://www.dariamusic.com/>

World Music With DARIA is a website from this multiple award-winning educator and musician. The website was given a 2009 Parent's Choice Award for its family-friendly introduction of world music to young people and it's resources for teachers, parents and special education professionals. The instrument section allows children to color, hear and find pdf instructions on how to make world music instruments such as cajónes (box drums), didgeridoos, shekeres, pow-wow drums and guiros along with cultural background information.

### **Symphony-Based Websites**

<http://www.sfskids.org/>

This is a great website from the San Francisco Symphony with several fun learning activities.

[www.dsokids.com](http://www.dsokids.com)

The site features games, listening activities, and various resources, from the Dallas Symphony Orchestra.

<http://www.nyphilkids.org/>

Great graphics and fun games, like the clarinet scavenger hunt, make this New York Philharmonic website great, especially for instrumental students.

[play.lso.co.uk](http://play.lso.co.uk)

LSO Play allows you to experience the orchestra from multiple points of view. Take a virtual tour through Cincinnati Music Hall, home of the Cincinnati Symphony Orchestra and Cincinnati Pops Orchestra. Take a turn looking out from the conductor's podium, learning about the instrument sections and experiencing the architecture.

### **Raisingwonder.com**

Other Activities:

## Elementary School Counselor Services

### Resources-Talking to kids about COVID 19-(Coronavirus)

This resource includes a very good short video with tips about how to have these conversations with your children. <https://childmind.org/article/talking-to-kids-about-the-coronavirus/>

Parent resource from the National Association of Psychologists about developmentally appropriate ways to talk to your children and teenagers about the Coronavirus.. Healthy lifestyle practices and information on how to prevent the spreading of illness is also highlighted.

[https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/02292020\\_NASP\\_NASN\\_COVID-19\\_parent\\_handout.pdf](https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/02292020_NASP_NASN_COVID-19_parent_handout.pdf)

### COVID 19 (Coronavirus)-Education-for Kids

Brain Pop Corona Virus Video-This animated video gives accurate facts about the Coronavirus and prevention practices. Target audience-4th grade and up.

<https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/>

### Coping with Stress

Coping with stress from Coronavirus- Good information for all but targeted towards adults and older teens.

<https://store.samhsa.gov/system/files/sma14-4885.pdf>

**New Resource 3/23/2020-** This resource addresses many different topics; the challenges of working/schooling from home, how to help students with anxiety or overexposure to this COVID-19 situation, ideas on keeping kids busy at home, links within articles for Social-Emotional Learning and mindfulness/anxiety reducing simple activities.

<https://www.understood.org/en/school-learning/coronavirus-latest-updates>

### Educational Resources Online for Students

\*These are academic not counseling but here you go! :)

<http://www.amazingeducationalresources.com/>

Free [Carmen Sandiego](#) activities, games, videos, and more

Free Access to Handwriting without Tears, Keyboarding without Tears

[https://www.lwtears.com/programs/distance-learning?utm\\_source=EMAIL&utm\\_medium=EMAIL&utm\\_campaign=COVID\\_20200316\\_PROSPECTS\\_US&pc=COVID\\_20200316\\_PROSPECTS\\_US](https://www.lwtears.com/programs/distance-learning?utm_source=EMAIL&utm_medium=EMAIL&utm_campaign=COVID_20200316_PROSPECTS_US&pc=COVID_20200316_PROSPECTS_US)

Scholastic is providing free daily courses for Grades Pre-K through 6+. There is one weeks worth of content with another 15 days on the way.

<https://classroommagazines.scholastic.com/support/learnathome.html>

This list of tips is for those with ADHD or those just having trouble focusing in these unpredictable and stressful times. This list gives practical techniques to help increase focus and productivity to complete work from home. I am trying some of these! -Mrs. VS :)

<https://www.additudemag.com/wp-content/uploads/2017/07/10-Rules-for-ADHD-proof-Productivity-5.pdf>

This is a subscription service. However, I was able to watch lots of cool science videos for FREE. Maybe they are allowing this due to circumstances. Very cool science videos!!

<https://www.generationgenius.com/>

Other Activities:

# **Secondary Building Resources**

## **English/Language Arts**

### **JH/HS English Resources at home**

Respond to Daily Writing Prompts at Home for Free

<https://www.nytimes.com/2020/03/15/learning/students-can-respond-to-daily-writing-prompts-inspired-by-the-new-york-times-at-home-for-free.html>

Book Creator App

<https://bookcreator.com/2020/03/support-for-schools-affected-by-coronavirus/>

TED talks for teenagers [https://www.ted.com/playlists/129/ted\\_under\\_20](https://www.ted.com/playlists/129/ted_under_20)

Strategies for relaxing and staying calm <https://www.calm.com/>

Free Writing and Grammar Activities <https://www.quill.org/>

English Grammar Games online <https://www.ego4u.com/en/chill-out/games>

Blog Your Corona Virus Story Use your already established blogs!

Reading Comprehension Practice

<https://www.k12reader.com/grade-level/grades-k-12/grades-9-12/>

English/Reading Practice: games, word search, crossword puzzles for all levels

<https://englishforeveryone.org/Topics/Reading-Comprehension.html>

\* 10 Days of English lessons from NYC schools (THIS IS A GREAT SITE!)

<https://www.schools.nyc.gov/learning/learn-at-home/high-school>

A Poem a Day from the Library of Congress <http://www.loc.gov/poetry/180/>

### **Websites for free book downloads:**

Project Gutenberg: <https://www.gutenberg.org/>

Open Library: <https://openlibrary.org/>

Internet Archive: <https://archive.org/>

Many Books: <https://manybooks.net/>

Google Play Books: <https://play.google.com/books>

## Math

### **Junior High Math:**

7th grade: [Google Classroom](#)

8th grade: [Google Classroom](#)

8th grade Algebra: [Google Classroom](#)

### **All classes in JH:**

[Big Ideas Math](#): Check google classroom/email for Username if you forgot it.

This is where “assignments” will be uploaded. Due dates are suggested, but not required.

[Prodigy](#) Class Code: 6FFE2E

Review of Skills we have covered so far: Khan Academy. (This is free, and will be easiest if you just connect through Google.) I have assigned problems that are ALL REVIEW, and we have already covered this year. It will just be to sharpen your skills and retain what you have already learned.

7th grade Class code: **5BZMXPJU**

8th grade Class code: **63Z4FV6S**

Algebra class code: **SYUA3S8G**

### **High School Math:**

**Resources on Khan Academy:** Signing up for Khan academy is completely free. As you progress through the courses, finish practice problems, and take small quizzes you will earn badges and points. The website offers videos and other resources to help you learn/review/retain your math skills. Please email, Mr. Genz ([agenz@lmcsd.org](mailto:agenz@lmcsd.org)) or Mr. Milder ([mmilder@lmcsd.org](mailto:mmilder@lmcsd.org)) if you have any questions. We would love to see the progress you made while working at home.

Algebra 1: [Khan Academy](#)

Geometry: [Khan Academy](#)

Algebra 2: [Khan Academy](#)

Pre Calculus: [Khan Academy](#)

AP Calculus: [Khan Academy](#) - Explore Calculus and Challenge Yourself

Statistics and Probability: [Khan Academy](#)

**L&M Math Department Website:** To get an idea of things to come for when you return, [CLICK HERE](#). Mr. Genz will be uploading videos of future lessons and you can find the practice problems and answers to each section to gain practice. As always, please email if you

have any questions.

**Coding Exploration:** Coding is an excellent way to develop your problem solving skills and there are a ton of different sites out there that can teach you how to code. I have explored a lot of sites and I have found that Codehs.com is the most user friendly and best of all, it's FREE. I have created a couple free classes if anyone wants to learn to code. Simply follow the instructions provided. If you would like additional courses, please email me and I can set up a class for you. (Juniors - This is the same program I used in the 8th grade coding exploratory)

[Intro to Computer Science in Python \(Rainforest\) 2019](#)

[Intro to Computer Science in Javascript \(Golden\)](#)

[Developing Mobile Apps](#)

[Introduction to Cybersecurity](#)

## Science

HS: Access for the virtual textbook → my.mheducation.com Login: LMSD\*\*\*\*\* or LM\*\*\*\*\* (5 digit lunch code) Password: abc123 (for every course except chemistry)

Science simulations for all subjects: <https://phet.colorado.edu/en/simulations/category/new>

Crash Course: Chemistry lessons

<https://www.youtube.com/playlist?list=PL8dPuuaLjXtPHzzYuWy6fYEaX9mQQ8oGr>

Crash Course: Physics lessons

[https://www.youtube.com/playlist?list=PL8dPuuaLjXtN0ge7yDk\\_UA0ldZJdhwkoV](https://www.youtube.com/playlist?list=PL8dPuuaLjXtN0ge7yDk_UA0ldZJdhwkoV)

Crash Course: Biology lessons

[https://www.youtube.com/watch?v=QnQe0xW\\_JY4&list=PL3EED4C1D684D3ADF](https://www.youtube.com/watch?v=QnQe0xW_JY4&list=PL3EED4C1D684D3ADF)

Science experiments (With parent permission first!!)

<https://sciencebob.com/category/experiments/>

Netflix series: "Bill Nye Saves the World"; "Our Planet"

Discovery Channel: <https://www.discovery.com/science>

JH: <https://classroom.google.com/c/NDEzNzcxMjM3MjZa> (7th Grade Google Classroom)

<https://classroom.google.com/c/NzM5NDM3ODgwM1pa> (8th Grade Google Classroom)

<https://login.acceleratelearning.com/> (Both: STEMscopes)

<https://ck12.org> (Both: content can be sent to Google Classroom)

## Social Studies



HS: CrashCourse series for [American History](#), [World History](#)

Join a [Big History Project course](#) (free and self-paced)

Elem., JH, or HS: [Play Geoguessr](#) as a family (practice geography skills and locate where you are placed in the world!)

Junior High 8th grade: We have units remaining about Native American Removal, Slavery/Underground Rail Road and the Civil War. Students can get a look at the Underground railroad in Iowa at the following site:

<http://www.iowapbs.org/iowapathways/mypath/iowa-and-underground-railroad> Click on the site, and then there are several "Paths" to follow about Iowa and its underground railroad history. Students can read several different articles.

Junior High 7th grade: Our next unit was going to be an Iowa History Unit about Buxton, Iowa, and the Migration of the people who moved there. The following websites will provide students with some basic information about what made Buxton and the people who moved there such an interesting community:

<http://www.iowapbs.org/iowapathways/mypath/great-buxton> View this website and students can read about the wonderful history of Buxton and then follow the pathways of several residents who lived in this great community.

[https://iowahist.uni.edu/Social\\_Economic/As\\_IRemember/as\\_i\\_remember.htm](https://iowahist.uni.edu/Social_Economic/As_IRemember/as_i_remember.htm) This is a personal account of a school teacher that lived in Buxton

<https://www.youtube.com/watch?v=NtHtQD-CJ7g> This is a very interesting video about life in Buxton.

## **Band/Choir**

### **CTE**

Family and Consumer Sciences:

- Foods:
  - Cook for your family!
  - Find recipes based on ingredients:  
[https://supercook.com/?fbclid=IwAR3dOIl6WzaqmnIP\\_V9A6T9XNab0tUn-Jd03igviT1H6v5cEBOHHD2w9asU#/recipes](https://supercook.com/?fbclid=IwAR3dOIl6WzaqmnIP_V9A6T9XNab0tUn-Jd03igviT1H6v5cEBOHHD2w9asU#/recipes)
  - Iron Chef Cooking Demos- <https://www.facebook.com/FoodNetworkKitchen/>
  - TedTalks:  
[https://www.ted.com/talks/sam\\_kass\\_want\\_kids\\_to\\_learn\\_well\\_feed\\_them\\_well](https://www.ted.com/talks/sam_kass_want_kids_to_learn_well_feed_them_well)  
[https://www.ted.com/talks/jamie\\_oliver\\_teach\\_every\\_child\\_about\\_food](https://www.ted.com/talks/jamie_oliver_teach_every_child_about_food)
  - Virtual Farm Trips:  
[https://virtualfarmtrips.com/?utm\\_source=Virtual%20Farm%20Trip%20Teacher%20List&utm\\_campaign=be24a2b7e7-EMAIL\\_CAMPAIGN\\_2018\\_07\\_24\\_06\\_50\\_C](https://virtualfarmtrips.com/?utm_source=Virtual%20Farm%20Trip%20Teacher%20List&utm_campaign=be24a2b7e7-EMAIL_CAMPAIGN_2018_07_24_06_50_C)

[OPY\\_02&utm\\_medium=email&utm\\_term=0\\_70bfd4e27d-be24a2b7e7-172260881&fbclid=IwAR1A1XWQgHn6WgN7hsU1GPw\\_p2kNce\\_6TU-9L2zcSKbZZsX-cASgai8aqPc](https://www.youtube.com/watch?v=ojZlgseX7Xo&feature=youtu.be&fbclid=IwAR1A1XWQgHn6WgN7hsU1GPw_p2kNce_6TU-9L2zcSKbZZsX-cASgai8aqPc)

- Cuisinart Culinary Course Videos:  
<https://www.youtube.com/watch?v=ojZlgseX7Xo&feature=youtu.be&fbclid=IwAR2VguzY-hK783bzBkQ9VAqSxtNrTtJjZkkFT4feN33YzVDvdWxewCDvShY>
- No Passport Required:  
<https://www.pbs.org/food/shows/no-passport-required/?fbclid=IwAR0CGLB5H0iVUp2QDs87xf3p5xaBv-DG0X0hh8op4wCjtdwcZNbjPQRA3o4>
- Netflix: Forks over Knives, What the Health
- Prime Video: Supersize Me 2,
- Hulu: Food Evolution, Food Inc.
- Child Development:
  - Netflix: Babies
- Fashion:
  - Fashion Podcasts:  
<https://podcasts.apple.com/us/podcast/vogue-podcast/id1038974883?mt=2>  
<https://americanfashionpodcast.com/>
  - Design Jewelry: <https://www.metalpressions.com/ojd-js.aspx>
  - Design Outfits: <https://tailornova.com/designer>
  - Netflix: Next in Fashion
- FACS:
  - Financial Literacy Games: <https://www.ngpf.org/arcade/>

## Business

- Projects have been assigned in the following classes: Intro to Business, Marketing and Accounting. Please check your email for specific project document guidelines if you need them. There will likely be less in class work time available to complete these projects once we return to school.

## Spanish

<https://www.duolingo.com/>

## Art

Art

**Visual Storytelling** - enrichment for students at all levels **JH & HS**:

<https://www.khanacademy.org/humanities/hass-storytelling/storytelling-pixar-in-a-box/ah-piab-visual-language/v/visual-language>

## Physical Education

## Talented & Gifted

### Secondary School Counselor Services

Please do not hesitate to contact Mrs. Meierotto at [cmeierotto@lmcsd.org](mailto:cmeierotto@lmcsd.org) with any questions or concerns.

### ICAP

Each student grades 8-12 has an Individualized Career and Academic Plan (ICAP) which needs to be updated every year. We will be doing this together when school resumes, but if students would like to make updates on their own, this will save us time later. The website is <https://www.planyouradventure.net/> and students can use the “sign in with google” button to access their account.

### Career and College Research

Students may wish to explore different colleges or career options. The following sites are good resources for this research:

- <https://bigfuture.collegeboard.org/>
- <https://www.futurereadyiowa.gov/high-school-students>
- <https://www.onetonline.org/>
- <https://www.bls.gov/ooh/>
- <https://www.careeronestop.org/>

**Seniors - Practice for your ALEKS test (required before registering for classes at community colleges and U of Iowa, Iowa State, or UNI) [eicc.edu](http://eicc.edu)  
Contact Ms Putnam Genz if you need your eicc username.**

### Mental Health

If you are experiencing a mental health crisis and need support you can call the national helpline at 1-800-662-4357. In an emergency, please call 911 or seek emergency treatment at the hospital. If you would like resources for suicide support, please see <https://suicidepreventionlifeline.org/> and talk to someone you trust.

Self-care is always important, and it is even more important when things are uncertain and anxiety is high. Establishing a routine and participating in activities you enjoy such as journaling, art, or listening to music can be very helpful. You may find mindfulness techniques to be helpful, and there are many possibilities. One good resource is <https://www.headspace.com/>. You can find a list of apps designed for mental health support at <https://www.commonensemedia.org/lists/apps-to-help-with-mental-health>.